

Cash Rich Success by Your Command

Week 4 – Mind and Matter

These exercises are for your personal growth and development only. You do not submit them to us for review, but use them to take yourself ever deeper into what is blocking your success and command for what you want instead.

In addition to writing them out we suggest you talk them out with a friend and have them go through the same process and then together form your Commands to make lasting change.

This week we want to focus on what you believe is possible or impossible to live in The Ratio of the Golden Mean.

1. What 3 things do you consistently tell yourself about your limitations? Now ask yourself what would be the opposite – how would that look, sound and feel?

Create three commands to go for what you want instead and then Command them!

2. What are your true assets according to our program? Also think about your unique talents and gifts that you bring to the world. Make a list.....

3. What are some new ideas you may have about what you want to be, do and have? Have fun with this. Think I am this....I do this and I have this.....NOW!

For example:

I don't know how I am daring and courageous in creating great cash wealth. I only know that I am now and I am fulfilled.

I don't know how I take action easily in building my cash rich wealth. I only know that I do now and I am fulfilled.

I don't know how I live in the home of my dreams. I only know that I do now and I am fulfilled.